

Government of West Bengal
Health & family Welfare Department
Swasthya Bhawan, Block GN-29, Sector V
Salt Lake City, Kolkata – 91

Memo No: HPH/10P-03/2018/610

Dated: 29.09.2020

To

The Principal, Medical College and Hospital, Kolkata / Murshidabad Medical College and Hospital
The Chief Medical officer of Health (All District and Health District, West Bengal)
The Superintendents (All Covid Hospitals, West Bengal)
The Director / CEO / Medical superintendent (All Private COVID Hospitals, West Bengal)
Sub: Advisory on Protocol Management for COVID – 19 Patients

The experts from the Protocol Monitoring Team as deputed by the Department of Health and Family Welfare, Government of West Bengal visited some COVID hospitals and noted certain lacunae in practice which need urgent rectification. On the basis of their observations, following recommendations are made:

1. For treatment of mild to moderate Covid-19 cases, a combination regime of ivermectin and doxycycline can be used, as follows: Tab Ivermectin 12 mg once daily for 5 days PLUS Cap/Tab Doxycycline 100 mg twice a day for 7 days.
2. For Covid-19 prophylaxis, ivermectin may be used according to the following schedule: Tab Ivermectin 12 Mg once daily on Day 1, Day 7 and followed by 12 mg once every 30 days.
3. Ivermectin is better absorbed if taken with a fatty meal (say, half a cup of milk or half a tea-spoon of butter).
4. For prophylaxis against Covid-19, a trend of using ivermectin and HCQ combination is noted. Although there is a potential for synergism, given the insufficient evidence base as of now, such use is not recommended.
5. All the above uses of ivermectin, prophylactic and therapeutic, shall be deemed as 'experimental' and all relevant clinical data regarding its use must be recorded in the prescribed data collection form in real time, and transmitted by email to the designated authority at: rxivm.covid1@gmail.com.

These recommendations, if properly practised, will improve patient outcome. During subsequent visits teams will specifically check if these suggestions have been implemented.



Director of Medical Education
Government of West Bengal
Memo No: HPH/10P-03/2018/607(7)/1



Director of Health Services
Government of West Bengal
Dated: 25.09.2020

Copy forwarded for kind information and necessary action:

1. The Mission Director, NHM, Department of Health & Family Welfare, Govt of West Bengal
2. The Medical Superintendent cum Vice Principal (All)
3. The DDHS (Admin), Department of Health & Family Welfare, Govt of West Bengal (He is requested to inform the Clinical establishments).
4. DDHS (PH), Department of Health & Family Welfare, Govt of West Bengal
5. The Dy Chief Medical Officer of Health – II (All Districts and Health Districts)
6. The Senior PA to the Secretary, Department of Health & Family Welfare, Govt of West Bengal
7. Office Copy



Director of Medical Education
Government of West Bengal



Director of Health Services
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